

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State/Territory: North Carolina

DEFINITION OF SPECIALIZED SERVICES

The Division of Medical Assistance (DMA) shall define specialized services for the purposes of Preadmission Screening and Annual Resident Review as follows:

A. Mental Illness

1. Individual psychotherapy
2. Group psychotherapy
3. Psychiatric Evaluation
4. Psychiatric Testing
5. Inpatient Psychiatric Care

B. Mental Retardation and Related Conditions

Habilitation services including behavior change intervention, requiring consultation and monitoring by a licensed psychiatrist or psychologist on a regular basis, communication skills training, counseling and training in self-help and community living skills.

The Division of Mental Health, Developmental Disabilities and Substance Abuse Services (DMH/DD/SAS) shall be responsible for ensuring the provision of specialized services.